

T-BALL RULES/GUIDELINES  
ST. JOHN SOFTBALL  
2016

**LEAGUE RULES:**

1. All players play defense. Rotate player positions each inning.
2. All players bat one time each inning.
3. Games are one hour time limit.
4. No score is kept.
5. No sliding, bunting or stealing.
6. Prior to each game both home and visiting coach should get field ready to play. Bases, equipment etc. If field is in need of raking there are rakes in the shed.
7. Put all equipment back in storage box and lock the pad-lock at the end of each practice/game with the exception being another team practicing after you or on opening day when there will be games behind yours. Make sure all garbage is cleaned up.

**LEAGUE GUIDELINES:**

1. Emphasis on introduction to fundamentals.
2. Emphasis on sportsmanship, team work and having fun.
3. Begin using coach pitch. Use 4 pitch maximum to keep the game moving. After 4 pitches use the tee if player is struggling to hit it. If they are close with 4 pitches give them another pitch.
4. Goal should be getting through at least 4 innings.
5. Be prepared prior to game on positions, batting order etc. It helps get more innings played.
6. All coaches, players and spectators should encourage players from both teams.

**SAFETY:**

1. No bats swung in or around the dugout area. Have a coach in the dugout area if possible to keep things in order.
2. All players must wear helmets with facemask when batting.
3. A coach should be stationed at home plate to help with batting.
4. Two to three coaches can be out in the field while his/her team is on defense to assist with positioning.